



# International Society of Hypertension

## RESEARCH AND EDUCATIONAL ACTIVITIES

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Report from  
Professor Tony Heagerty, ISH President

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The two key aspirations of the International Society of Hypertension are to focus on **research and education activities** and to reach out to as many countries globally as possible. With regard to teaching, the Society has formed a series of regional sub-committees which cover the Americas, Australia and Eastern Asia, Eastern Europe, the Middle East and Central Asia and Western Europe and Africa.

In 2009 we have again focused on a further congress sponsored in conjunction with the World Hypertension League and the ESH in **Abuja** in September 2009. In addition the Society has collaborated with the Asian Pacific Hypertension Society and the Chinese Hypertension League and there will be a series of workshops in cities around **China** taking place in July. In order to focus on other developing countries, the ISH is sending Faculty to Guatemala, Mexico, Peru, Venezuela, Brazil, Chile, Argentina and in Asia to China, Korea and Taiwan. This initiative has been facilitated as a result of an interaction with some of our ISH pharmaceutical company corporate members supporting non-promotional meetings.

The Society is also anxious to harness the internet to allow us to reach out to as many physicians dealing with hypertension and cardiovascular disease prevention as possible and as a result the Society is working with the **International Society of Nephrology** and the **International Society for Holter and Noninvasive Electrocardiology** to develop an internet conference which will last around one month and post at least 40 lectures on a specially prepared conference website which will allow physicians interested in these areas to access state of the art presentations on a comprehensive array of topics relevant to everyday hypertension management.



The ISH also believes that it is crucial to continue to mobilise the policy makers in low and middle income countries to look hard at their future strategies to prevent the epidemic of cardiovascular disease which is beginning to sweep large developing regions of the world.

In response to this, the ISH is working with the **World Health Organisation** and **The Lancet** to coordinate a meeting of health ministers and healthcare providers that advise on policy decision making processes to come together during the **ISH Vancouver 2010 Meeting** at a Summit to look at coordinating activities in these regions in order to maximise our efforts to introduce cardiovascular prevention measures as quickly as efficiently as possible.



In 2008, 2009 and 2010, the ISH is sending its visiting teaching faculty or providing financial support for meetings and seminars being organised in all the countries shown in yellow above. In addition, the ISH currently has over 80 Affiliated Society Members in 68 countries, as indicated in blue above.

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